

# Student Guide

learn more about your time with us



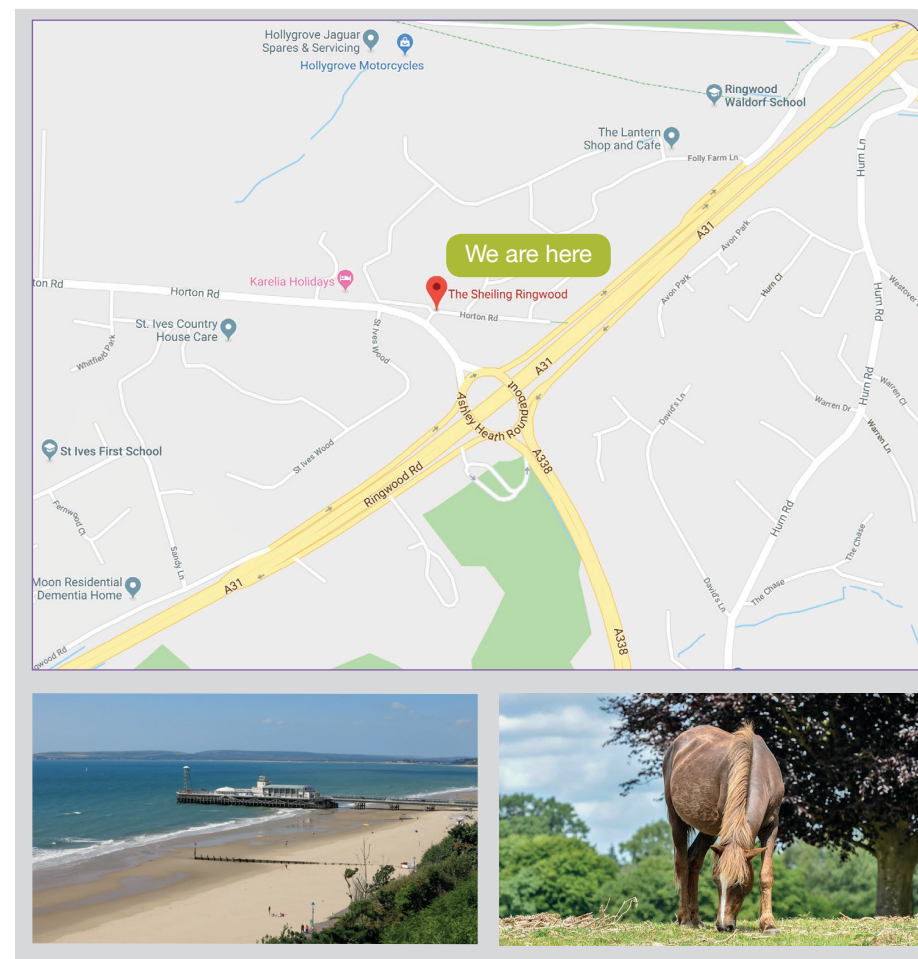
The Sheiling Special Educational Trust

## Contents

- 2 Where is our school?
- 3 What does the Sheiling School look like?
- 4 Our students welcome you to the school
- 5 Staying at the school during term time
- 6 Travelling into school every day
- 7 A day at school
- 8 Our lessons
- 9 We have fun as we learn
- 10 Outings
- 11 The weekends
- 12 Promoting British Values
- 13 Democracy
- 14 Some of our school rules
- 15 Individual liberty
- 16 Visiting the school
- 17 Life at the school
- 18 How to complain

## Where is our school?

Our school is in Ashley Heath, Ringwood which is near the New Forest and Bournemouth beach.



Please see our website for directions to our school and more information about us. [www.thesheilingringwood.co.uk](http://www.thesheilingringwood.co.uk)

## What does Sheiling School look like?



Our entrance



Sheiling House  
Some school students live here



Part of our open play space

## Our students welcome you to the school

### Our students



Students at The Sheiling Ringwood love meeting new friends.

Many students have been at our school for a few years.

Some students live in the school children's home all year with some short breaks with family



Some students are called boarders and live in one of our houses. We have three residential houses called Feirefis, Martin and Sheiling.



You can live with your friends.



Boarders are looked after by a House Manager and other people who help the children, play games with them and do lots of fun things after school and at the weekend.

Some students live at home and travel to school each day



This is our Therapy building. It is called Raphael.



Some students love horse riding, swimming, music and going on outings with the other children who live here.



The activity weeks are great fun!



## A day at school

### A day at school for a boarder



7 : 00

Get up at 7:00am



8 : 00

Have breakfast at 8:00am



9 : 00

School lessons begin at 9:00am

### A day at school for a day student



Some students have breakfast at home



Some students arrive at school by car

## Our lessons

We greet each other and have register, singing, share what has happened to us and learn about Geography, History or Science.



We then have a juice break and a snack and go outside for break time.



After juice break, we might do reading and writing, numbers, have music lessons or the gym. Sometimes we go riding, do painting or go on outings.

We then have lunch at 12.30 in our house. We help with jobs and clearing the table and relax.



We go back to school at 2.30pm for more lessons like gym, games, choir, folk dancing and art and crafts.

We have fun as we learn



We help with our Summer Festival



We help in our garden and round our estate



We enjoy outings



We visit lots of lovely places



We join in all the celebrations



## A weekend for students



Some students stay at the school. They go on lots of outings, such as to the shops, the beach, a concert or do an activity they choose.

Some students stay at home for the weekend so they can see their other friends but sometimes they choose to stay at the school and play with the others.

## Promoting British values

At the Sheiling, we learn all about different traditional festivals from both Britain and other cultures.

We also learn all about important values such as democracy, the rule of law, individual liberty and mutual respect.

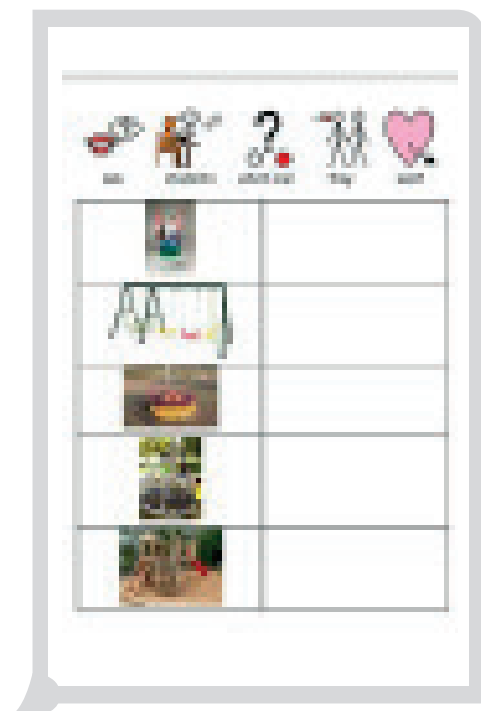




## Democracy

We learn about democracy in lots of ways. We have house meetings with the students and staff in our house, where we each take it in turns to make decisions-for example, choosing what to have for lunch.

We also have Student Council meetings every term. Representatives from each class and house attend to vote on decisions, such as new playground equipment!

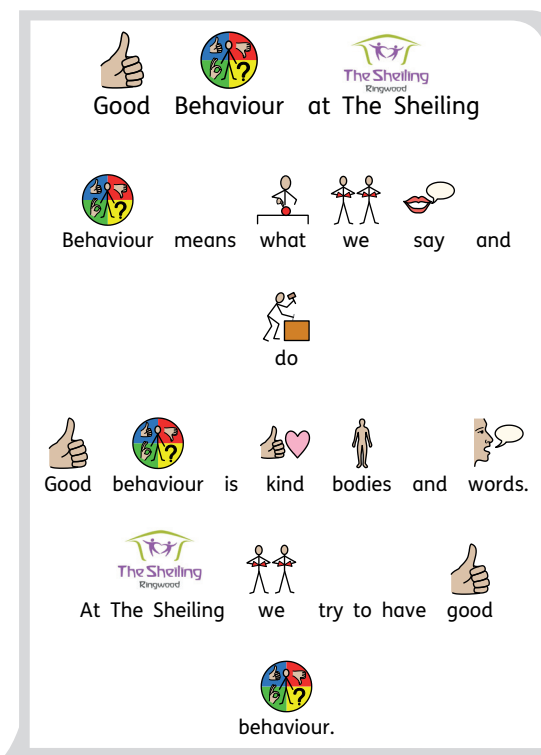


## Some of our school rules

We do not have many 'rules' but think students should respect and be kind to each other. We have 'agreements' which are mainly about our behaviour towards each other.

We learn about morals by covering fairy tales. We also learn about why rules are important.

Each class and group has its own rules, set by staff and students together and we have a student friendly policy on behaviour, which we are all able to read and discuss with staff.





## Individual liberty

We are all encouraged to make big and little choices throughout the day. Often, we use symbols to help us.

Making decisions and discovering who we are is a very important part of growing up!

## Mutual respect

We learn about respecting other students and staff.

We have a student friendly policy on bullying and some of us attend social skills groups to learn how to be friends.

The poster is divided into two panels. The left panel defines bullying and lists examples. The right panel provides instructions on what to do if you are bullied or if you see someone being bullied.

**Left Panel:**

- Bullying Policy** (Pictogram: person hitting another person)
- Bullying means making people feel sad or scared (Pictogram: person hitting another person, person with sad face, person with scared face)
- Bullying is wrong. Bullying is against the rules (Pictogram: person hitting another person, red X, person hitting another person, person with sad face)
- Bullying means hitting, kicking, biting, pulling hair, saying unkind words or doing unkind things (Pictogram: person hitting another person, person kicking another person, person biting another person, person pulling another person's hair, person saying unkind words, person doing unkind things)

**Right Panel:**

- If you feel sad or scared you can tell staff (Pictogram: person with sad face, person with scared face, person talking to staff)
- Staff will help you (Pictogram: staff house, clock, hand helping person)
- If you bully others staff will help (Pictogram: person hitting another person, person with sad face, staff house, clock, hand helping person)
- You to stop (Pictogram: person hitting another person, stop sign)

## Visiting the Sheiling School

### People you may meet



Corine



Juliette



Mike



Andy

### Corine

Corine is the Principal who will talk to your parents.

### Juliette

Juliette is the person who deals with all the new children who want to come here.

### Andy

Andy is the Head of School who looks after the younger students.

### Mike

Mike is the Head of College and looks after the older students.

You can come and meet these people and look around the school with your parents. When you visit you can spend some time in the classrooms and have lunch in one of the houses.

## Life at school

### Boarders

You can bring whatever makes you happy. Toys, photographs or other personal items.

### Keeping in touch with your family when you live here

You can see and contact your parents regularly. You can write lots of letters and telephone your family often. You can even Skype them!

### Friendships and relationships

We will help you make friends. Playing with friends is important.

### Food

We all have delicious, healthy food and you can choose what you want to eat.

### Medical care

We have a lovely nurse called Catherine. She will soon make you better. We will also tell your family if you feel unwell.

### School rules

We do not have many 'rules' but think students should respect and be kind to each other. We have 'agreements' which are mainly about our behaviour towards each other.

## How to complain

If you are not happy about something at The Sheiling Ringwood, this is what you can do:

Talk to your teacher or House Manager

Talk to someone in the office

If you are still not happy, talk to your parents or talk to:



Corine



Heidi



Susan



Geoff

You can also talk to:

### **Jeremy Morris, Chair of the SSET**

An independent visitor to your house or classroom  
You can contact Child Line (0800 1111).

**Ask someone to write to the Local Authority:-  
The Complaints Officer, Social Care and Health Directorate,  
County Hall, Colleton Park, Dorchester, Dorset DT1 1XJ.**

National Voice, an organisation for young people in care:-  
PO Box 253, Leeds, LS1 3RA telephone 0113 242 9767.

## **The Sheiling Ringwood**

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**The Sheiling**  
Ringwood

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